

### Top Stories

- CALLING ALL DOCS – Learn about Myofascial Pain Syndrome with Dr. Stephanie Mullin; Harm Reduction Strategies for Patients with OUD with Dr. Jessica Kirkwood; and Poverty & Health with Dr. Bonnie Larson at the [ACFP's Family Medicine Summit \(Mar 4-6\), there's still time to register!](#)
- Join the CMN to expand your experience in chronic pain and addiction with the CMN's pilot [Observership Program](#).
- Invite your colleagues for free CMN CME! Virtual Collab Forums are now open to non-CMN members. [Follow the schedule and get registered here](#).
- Practicing Alberta physicians are invited to take a 10-minute anonymous survey from AHS: [Physicians' Perception of Pharmacists Prescribing Opioids and Controlled Substances](#). Survey closes March 13.
- The CMN is expanding – please welcome new Coordinators Jared Leeder and Maia Mudric. We are so excited to have them on our team!

### Events

Feb 24 | 7:30 PM

[Pelvic Pain 101: It's Not All Endo](#)

March 9 | 11:45 AM

[PCN Pain Rounds – The Anatomy of Pain](#)

March 24 | 7:30 PM

[Opioid Use in Older Adults – Ideal vs Actual Patient Journeys](#)

Stay up to date on [CMN events!](#)

### In the News

- ['Political stunt': NDP members resign from Alberta safe drug supply committee](#)
- [Mobile overdose prevention site in Abbotsford seeks to meet drug users where they are](#)

Visit the [CMN news page](#).

### Pain BC – Testimonial

#### PAIN BC™ TESTIMONIAL

*"I loved the ability to play/pause and take notes as I went. The downloadable resources such as the breathing technique audios and the exercise PDFs were really nice to have as a resource and I will definitely use in the future. I would say it improved my knowledge of chronic pain."*

Colleen P., Kinesiologist and CMN Member  
Pain BC, Gentle Movement & Relaxation

Become a CMN member and [access accredited Pain BC](#) courses for free.

### Connect

- Share your skills and expertise, become a [CMN Mentor!](#)
- Interested in booking a short presentation? Email CMN: [mentorship@acfp.ca](mailto:mentorship@acfp.ca)



### CMN Launches "Chronic Pain Gains in Alberta: An ECHO Series"

The CMN and the Calgary Pain Program are collaborating on an exciting new project, ["Chronic Pain Gains in Alberta: An ECHO Series"](#). Participants work through a real submitted case with coaching, guidance, and feedback from an interdisciplinary team of experts and their fellow peers.

ECHO® is an interactive online medical education program that features real cases submitted by YOU. [Read about experiences with ECHO® from CMN members Dr. Lana Fehr and Dr. Lori Montgomery.](#)