



CHRONIC PAIN GAINS IN ALBERTA: AN ECHO SERIES

FREQUENTLY ASKED QUESTIONS (FAQ)

What is the cost?

There's no cost to attend sessions. This project is funded by the University Health Network and a Health Canada Substance Use and Addiction Program (SUAP) grant.

Who can attend ECHO?

This series is open to all Alberta-based Family Physicians and community primary care providers interest in learning more about chronic pain. All professions are welcome!

What are the IT Requirements?

- ZOOM videoconferencing capabilities
- You will need a computer or smartphone with a webcam, microphone and a stable internet connection.
- Contact us (mentorship@acfp.ca) if you have problems connecting and require assistance.

How do I connect to the biweekly sessions?

Check your email on the morning of the session – on the day of each session, a Zoom reminder will be sent to you with the corresponding connection details.

What is the ECHO Online Etiquette?

During the session:

- Turn those cameras on! We are hoping to build a safe space where we can build a community of practice dedicated to asking and answering these complex chronic pain questions.
- Please make sure you are on “mute” unless you have “raised your hand” and been called on to ask a question.

- Please be kind and respectful to everyone in the session – we appreciate the perspectives and experiences that everyone brings to each session.
- Share! ECHO® sessions are all about interactivity. Enter comments in the chat, share useful links and resources, unmute to share verbally or engage however you like!
- ECHO follows the “All Teach, All Learn” philosophy – we all have something to contribute!

How do I participate in an ECHO session?

ECHO sessions are interactive. We encourage all participants to ask questions, provide suggestions and present cases.

Who makes up the inter-professional specialist (hub) teams?

The Hub team members are from a variety of health professions, each involved in the treatment of chronic pain. The team members provide a range of complementary perspectives in caring for a patient.

The CMN Chronic Pain Gains ECHO hub team consists of the following:

- Dr. Ted Findlay, DO CCFP FCFP
- Dr. Lori Montgomery, MD CCFP FCFP CHE
- Dr. Kelly Shinkaruk, MD FRCPC MSc (MedEd)
- Amy Nihls, NP
- Julie Min, BSc Pharm

How do I submit a case?

To submit a case, complete the [Case Submission Form](#) then send it to mentorship@acfp.ca. Make sure to [register for the series](#) before submitting your case!